

RESONANCE

R: Resonance *noun*

1. the state or quality of being resonant.
2. the prolongation of sound by reflection; reverberation.
3. a similarity between two or more objects, ideas, words, etc.
4. the amplification of vocal tone by the bones of the head and upper chest and by the air cavities of the pharynx, mouth, and nasal passages.

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MEDITATION

Resonance is the sympathetic vibration of two or more bodies that vibrate with the same frequency. When two strings or wavelengths are in tune with each other, they vibrate together.

A singer's voice can make glass break due to resonance. The acoustic metaphor of resonance is often associated with human spirits in complete empathy and oneness.

When we say we are at one with the cosmos we are resonating with the cosmos.

When two souls or lovers meet, they vibrate.

When I say my beloved's name, my heart beats right up into my head.

Here is the sound of two souls resonating in each other's presence.