

P: Peace

- i. freedom from war or hostilities.
- ii. an agreement between contending parties to abstain from further hostilities.
- iii. freedom from strife or dissension.
- iv. freedom from civil commotion; public order and security: a justice of the peace.
- v. freedom from mental disturbance: peace of mind.
- vi. ease of mind or conscience.
- vii. a state of being tranquil or serene.
- viii. quiet; stillness; silence.

© Macquarie Dictionary Publishers, 2020

Speaker's commentary

How does one evoke inner peace? Little movement, a sense of space between the notes, everything is in balance. Peace is acceptance, the celebration of diversity, autonomy and coexistence. In music, this coexistence is peaceful when diverse sounds and instruments play and can be heard without obscuring or opposing each other.

* * * * *